

CONGRESSMAN

Anthony Brown

4TH DISTRICT OF MARYLAND

CORONAVIRUS RESOURCE SHEET

GENERAL INFORMATION

Congressman Brown's
Pandemic Inquiry Email:
md04.info@mail.house.gov

Dial 211 For Help With
Housing - Food
Employment - Mental Health
Utility Payment Assistance
Domestic Violence
Legal & Tax Services

Latest County COVID-19 Updates:

Prince George's County:
<http://health.mypgc.us/coronavirus>

Anne Arundel County:
<https://aahealth.org/covid19/>

General Updates from Congressman Brown:
Our Website: anthonybrown.house.gov
Facebook: facebook.com/RepAnthonyBrown
Twitter: twitter.com/RepAnthonyBrown

HEALTH & SAFETY

COVID-19 SYMPTOMS, TESTS & TREATMENT

If You Are Sick:

- Follow CDC Guidelines: <https://www.cdc.gov/coronavirus/>
- Contact Your Primary Care or Insurance Provider to Coordinate any Testing or Treatment

If You Are Uninsured:

- Contact Your County Health Department or Call Your County Coronavirus Hotline:
 - Prince George's County: <https://www.princegeorgescountymd.gov/1717/Medical-Assistance-Program> or (301) 883-6627
 - Anne Arundel County: <https://aahealth.org/uninsured/> or (410) 222-7256

HEALTH INSURANCE

To Purchase insurance: Contact the Maryland Health Connection

- A Special Enrollment Period until June 15
- Visit <https://www.marylandhealthconnection.gov/coronavirus-sep/>

SICK LEAVE

Paid Sick and Family Sick Leave:

- For Employee Paid Leave Rights, go to US Department of Labor Website:
<https://www.dol.gov/agencies/whd/pandemic/ffcra-employee-paid-leave>

WORKPLACE SAFETY

OCCUPATIONAL SAFETY AND HEALTH ADMINISTRATION (OSHA)

OSHA Alert: Safety Tips for Employers to Protect Workers. Resources and new alerts are available for download at this website:
<https://www.osha.gov/SLTC/covid-19/>

OSHA Reminder to Employers: It is Unlawful to Retaliate Against Workers Who Report Unsafe or Unhealthful Working Conditions during the COVID-19 Pandemic.

- **OSHA's Whistleblower Protection Program:** Worker's Rights in Various Industries and FAQs.
<https://www.whistleblowers.gov/>
- **US Labor Department Resources:** on COVID-19 Response.
<https://www.dol.gov/coronavirus>

INDIVIDUAL & FAMILY SUPPORT

HOUSING

Landlords and Tenants: Contact Your Housing Department or MD's Fair Housing Action Center:

- Prince George's County:
<https://www.princegeorgescountymd.gov/906/Housing-Authority>
- Anne Arundel County: <https://acdsinc.org/>
- Fair Housing Action Center:
<https://www.fairhousingmd.org/>

Emergency Housing: If you need emergency shelter, call or contact:

- Maryland: (888) 731-0999
- Prince George's County: (301) 864-7095
- Anne Arundel County: (410) 417-7260
- <https://211md.org/211provider-md-housing-shelter>

Monthly Rent or Mortgage: You are encouraged to contact your mortgage provider or landlord and request to defer payment. Call 211 for help with rent or mortgages.

Anne Arundel Eviction Protection: <https://acdsinc.org/new-eviction-prevention-program/>

Rental Properties Covered by the **Federal Eviction Moratorium:** find database and map here: <https://nlihc.org/federal-moratoriums>

FOOD & FINANCIAL ASSISTANCE

Maryland's Temporary Assistance to Needy Families (TANF) Program:

Provides cash assistance to families with dependent children when available resources do not fully address the family's needs.

<http://dhs.maryland.gov/weathering-tough-times/temporary-cash-assistance/>

Maryland Food Bank:

- Find a Food Bank Near Me: <https://mdfoodbank.org/find-food/>

Supplemental Nutrition Assistance Program (SNAP):

- Visit USDA Website or Maryland Website:

<https://mydhrbenefits.dhr.state.md.us>

<https://www.fns.usda.gov/fns-regional-offices/>

<http://dhr.maryland.gov/food-supplement-program/>

Women Infants and Children (WIC) Special Supplemental Nutrition Program:

- Visit Maryland Website: <https://phpa.health.maryland.gov>

UTILITIES

Low Income Home Energy Assistance Program (LIHEAP):

<http://dhr.maryland.gov/office-of-home-energy-programs/>

Tap Water:

Your Tap Water is Safe. More Information:

www.wsscwater.com/coronavirus

For Assistance with Local Resources, Call 211 or Connect to Local Resources at <https://211md.org/>

INTERNET CONNECTION

Xfinity Wi-Fi Public Hotspots:

- Nationally for Free.
- Find Hotspot Locations: <https://hotspots.wifi.xfinity.com/>
(Enable by selecting "xfinitywifi")

Internet Essentials:

Comcast is providing 2 months of free service to new customers who apply by April 30. Available to qualified low-income households. Low cost computers are also available through this program. To apply, go to:

<https://www.internetessentials.com/> or call (855) 846-8376.

JOB/EMPLOYMENT ASSISTANCE

JOB OPPORTUNITIES

To Search for Job Openings, Visit the **Maryland Workforce Exchange** at:
<https://mwejobs.maryland.gov>

UNEMPLOYMENT BENEFITS

To File a Claim for Unemployment Benefits

- Visit the Maryland Department of Labor Website:
<https://www.dllr.state.md.us/employment/unemployment.shtml>
- Call the Maryland Department of Labor Call Center (7:00am to 6:00pm):
(410) 949-0022

EDUCATION & CHILDREN

SCHOOL MEALS

**Prince George's
County Public Schools
Website:**

<https://www.pgcps.org/coronavirus/meal-sites/>

**Prince George's and Anne Arundel
County Public Schools are Providing
Free Breakfast, Lunch, and Dinner to
Children, Ages 2–18. There are No
Income or Registration Requirements.**

**Anne Arundel
County Health
Department
Website:**

<https://aahealth.org/free-meals-for-students/>

CHILDCARE

Designated Essential Personnel Who Require Childcare are Immediately Able to Obtain State-Funded Childcare Programs at No Cost. Contact Maryland State Department of Education childcare referral specialists at (877) 261-0060.

HIGHER EDUCATION

For information on **Student Loans and Federal Work-Study**, go to
<https://studentaid.gov/announcements-events/coronavirus>

SENIORS & INDIVIDUALS WITH DISABILITIES

CONNECTION

Senior Call Check

Free program to receive a daily well-being call for Maryland residents age 65 or older

Call (866) 502-0560 or Register Online: www.aging.maryland.gov

Virtual Events

Free Program for seniors to participate in virtual programs.

Register Online: <https://seniorplanet.org/coronavirus/>

County Websites for Older Adults & Individuals With Disabilities:

Prince George's County: <https://www.princegeorgescountymd.gov/1644/Older-Adult-Services>

Anne Arundel County: <https://www.aacounty.org/departments/aging-and-disabilities/>

BUSINESS AND NONPROFIT ASSISTANCE

COUNTY ASSISTANCE

Counties are Providing Assistance to Businesses Affected by COVID-19 Pandemic. For More information on Resources Available, Visit Your Economic Development Corporation websites:

Prince George's County: <https://pgcedc.squarespace.com/covid-business-fund-2020>

Anne Arundel County: <https://www.aaedc.org/resources-for-covid-19-impacted-businesses-in-anne-arundel-county-guidebook/>

STATE ASSISTANCE

The State of Maryland has announced several programs to assist businesses.

Maryland Department of Labor: <http://www.labor.maryland.gov/employment/covidlafund.shtml>

Maryland Department of Commerce: <https://commerce.maryland.gov/fund/maryland-small-business-covid-19-emergency-relief-fund-programs>

FEDERAL ASSISTANCE

The Small Business Administration (SBA) Has Several Relief Options: <https://www.sba.gov/funding-programs/loans/coronavirus-relief-options>

OTHER INFORMATION

CLOSURES

Per **Governor Hogan's March 23 Order**, All Non-Essential Businesses and Establishments Must Close.

For a list of essential businesses which are not required to close, visit:

<https://governor.maryland.gov/wp-content/uploads/2020/03/OLC-Interpretive-Guidance-COVID19-04.pdf>

An Updated List of Local Government **Facility Closures and Service Modifications** Are Found at:

Prince George's County: <https://www.princegeorgescountymd.gov/3416/County-Closures>

Anne Arundel County: <https://www.aacounty.org/coronavirus/cancellations/>

TAXES

Maryland and Federal Income Tax filing and Payment Deadlines Have Both Been **Extended to July 15**.

For **Assistance** with Maryland Tax Filings, Email taxhelp@marylandtaxes.gov or Call 1-800-MD-TAXES.

HELPING OTHERS

To Volunteer:

In Anne Arundel County: <https://www.aacounty.org/coronavirus/volunteer>

In Prince George's County: <https://www.princegeorgescountymd.gov/343/Volunteer-Opportunities>

The State of Maryland: <https://governor.maryland.gov/marylandunites/>

For Blood Donations: <https://www.redcrossblood.org/give.html/find-drive>

For Food Donations: <https://mdfoodbank.org/find-food>

For Healthcare Professionals who would like to volunteer in support of the medical mass surge staffing, please register for the Medical Reserve Corps:

<https://mdr.health.maryland.gov/Pages/MRCNetwork.aspx>

General Updates from Congress Brown:

Our Website: www.AnthonyBrown.house.gov

Facebook: <http://www.facebook.com/RepAnthonyBrown>

Twitter: www.twitter.com/RepAnthonyBrown

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